

## IMPORTANT THINGS TO KNOW:

\*Please wear comfortable clothing and footwear to your procedure and leave all valuables including jewelry at home. No contact lenses.

\*On the day of your procedure bring your ID, insurance card, and a current list of medications.

\*Women of childbearing age will be asked for an urine sample prior to the procedure.

You **MUST** have a driver accompany you to your procedure and remain in the center until you are discharged. This is for your safety due to the lingering effects of sedation. This policy is enforced at each facility.

**YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT HAVE A DRIVER.**

**YOU MAY NOT USE PUBLIC TRANSPORTATION.**

\*You should not drive an automobile, work, drink alcohol or operate heavy machinery for at least 12 hours after the procedure due to sedation effects of the medications used during your procedure. You may resume normal activities the next day.

**APPOINTMENT TIMES:** You will be assessed in the morning and may be cancelled due to your medical status at that time. The staff strives to adhere to your appointment time, however delays may occur and we request your understanding of these delays.

### **CANCELLATION POLICY:**

**There will be a \$200.00 fee assessed to your account if you fail to cancel within three (3) business days prior to your procedure.**

\*\*You may receive bills from different offices, but all related to your procedure:

Pathology for polyps or biopsies, Anesthesiology for your anesthesia, the Facility where you have the procedure and the Physician performing the procedure.

\*\*If your insurance plan requires a referral for this procedure, you must have one delivered to our office, **one week prior to your procedure date or your procedure will be cancelled.**

\*\*If your insurance plan changes, you must notify our office **one week prior to your procedure date or your procedure may be cancelled.**

## PHYSICIANS:

EDWARD C. KIM, M.D.

JIN H. PARK, M.D.

MYUNG W. CHOI, M.D.

DARREN S. BARONI, M.D.

NINA PHATAK, M.D.

PAUL O. ARNOLD, M.D.

TINATIN O'CONNELL, M.D.

RIZWAN AHMED, M.D.

MYLAN SATCHI, M.D.

FASIKA ABERRA, M.D.

For scheduling issues/questions, please call your scheduler listed on the front.

For insurance inquiries, please call:  
Our Billing Department at 571-428-2969

[doctorgi.com](http://doctorgi.com)

## Preparing for your Endoscopy Procedure

*Review these instructions AGAIN  
3 days before your procedure and  
follow them carefully.*

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Physician

\_\_\_\_\_  
Procedure Date

\_\_\_\_\_  
Pre-Op Arrival time

\_\_\_\_\_  
Procedure scheduler name

Phone \_\_\_\_\_

***Please arrive on time or your procedure  
may need to be rescheduled.***



**GASTROENTEROLOGY ASSOCIATES, PC**

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## Your procedure will be performed at:

- Gainesville Endoscopy Suite**  
7915 Lake Manassas Drive, Ste 302  
Gainesville, VA 20155
- Warrenton Endoscopy Suite**  
170 W Shirley Ave, Ste 205  
Warrenton, VA 20186
- Prince William Hospital**  
8700 Sudley Road  
Manassas, VA 20110
- Prince William Surgery Center**  
8644 Sudley Road, Second Floor  
Manassas, VA 20110
- Fauquier Hospital**  
500 Hospital Drive  
Warrenton, VA 20186
- Haymarket Hospital**  
15225 Heathcote Boulevard  
Haymarket, VA 20169

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### Diabetic Patients

- You may continue oral medications prior to the procedure. You must hold them the day of the procedure (until after exam is completed) unless directed otherwise.
- Insulin-Dependent diabetics should contact their internist or endocrinologist as insulin doses may need to be adjusted.

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## PREP INSTRUCTIONS:

**FIVE DAYS BEFORE PROCEDURE:** \_\_\_\_\_

- STOP Phentermine

**THREE DAYS BEFORE PROCEDURE:** \_\_\_\_\_

- STOP aspirin 325mg and anti-inflammatory medications:(Aleve, Advil, Motrin, Ibuprofen, NSAIDS, Naproxen, Excedrin, Bufferin, Celebrex, etc.)  
**TYLENOL AND 81 mg. ASPIRIN IS OKAY TO TAKE**
- CONFIRM YOUR RIDE

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**DAY BEFORE YOUR PROCEDURE:** \_\_\_\_\_

### NOTHING TO EAT OR DRINK AFTER MIDNIGHT!

Unless your appointment is after 12:00 (noon), NO SOLIDS after midnight, but you may have clear liquids until

Acceptable Clear Liquids

CLEAR LIQUID DIET:  
WATER, SPARKLING WATER  
APPLE JUICE, WHITE GRAPE JUICE, GATORADE, ICED TEA, HOT TEA OR COFFEE (NO CREAM OR MILK), SODA, BROTH OR BOUILLON, JELLO, POPSICLES.



NO RED, PURPLE OR ORANGE DYE IN ANYTHING YOU DRINK.

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### THE MORNING OF YOUR PROCEDURE:

Date: \_\_\_\_\_

If you take blood pressure or anxiety medications, you may take these with a sip of water in the morning.

### YOU MAY HAVE NOTHING ELSE BY MOUTH UNTIL AFTER YOUR PROCEDURE.

No water, smoking, chewing gum or candy.

### THE MORNING OF YOUR PROCEDURE:

Date: \_\_\_\_\_

#### ARRIVE AT THE FACILITY AT:

Double check the address where your procedure is scheduled.

Someone should stay with you for 24 hours.

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### WHAT TO EXPECT THE DAY OF YOUR PROCEDURE:

- Shortly after arriving, a nurse will take you back for you to get changed and IV started.
- Once you are settled, your driver can come back and sit with you until you are taken to the Procedure Room
- Your driver should stay in the waiting room until after your procedure
- After your procedure, you will get dressed and have some crackers and water while you wait for the physician to speak with you about their findings. Your driver will be with you during this time.
- You will be taken out in a wheelchair due to anesthesia.



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