

Preparing for your **EGD (Gastroscopy)**

Patient Name: _____ Physician: _____

Procedure date: _____ ARRIVAL TIME: _____

Location: _____

Questions: 571.248.0653 option 2

Prep instructions are available on our website: doctorgi.com

Diabetic patients: You may continue oral medications prior to the procedure. You must hold them the day of the procedure (until after the exam is completed) unless otherwise directed by your prescribing provider.
INSULIN-DEPENDENT should contact your internist or endocrinologist as insulin doses may need to be adjusted.

PREP BEGINS 7 days BEFORE PROCEDURE:

7 DAYS BEFORE PROCEDURE: _____

- If you are taking **Ozempic, Wegovy, Mounjaro, Rybelius, Trulicity, Victorza or other GLP1** medication, stop for at least 7 days.

5 DAYS BEFORE PROCEDURE: _____

- Stop **iron supplements, vitamin E, Omega-3 fish oil, flax seed oil, and cod liver oil, herbal medications, and phentermine.**

3 DAYS BEFORE PROCEDURE: _____

- Stop **325 mg aspirin** and other **NSAIDS** (Aleve, Advil, Motrin, ibuprofen, naproxen, Excedrin, Bufferin, Celebrex, Mobic, etc.) unless specified. **Tylenol is okay to take.**
- Confirm your ride from procedure to home.

DO NOT EAT OR DRINK AT LEAST 12 HOURS PRIOR TO YOUR APPOINTMENT TIME

THE MORNING OF YOUR PROCEDURE: _____

If you take blood pressure or anxiety medications, you may take these with a small sip of water in the morning.

Do not chew gum, eat, or drink anything after completion of the prep, especially within 6 HOURS OF PROCEDURE

PLEASE READ BACK OF THESE INSTRUCTIONS FOR MORE INFORMATION

WHAT TO BRING/NOT TO BRING

Bring: Comfortable clothing; ID, insurance card, list of medications.

DO NOT bring: Jewelry, other valuables, contact lenses.

DO NOT apply lotions, creams, or ointments on your skin.

TRANSPORTATION

Please have a driver accompany you to be confirmed at check-in.

*Without a confirmed driver during check-in, the procedure will not be able to be performed.

***YOU WILL NOT BE ALLOWED TO DRIVE AFTER ANY PROCEDURE THAT REQUIRES SEDATION.**

*You must not operate a vehicle or heavy machinery, work, or drink alcohol for 12 hours after the procedure.

*Someone should stay with you for 12 hours after the procedure.

*You may resume regular activities, including driving, the next day.

IF YOU DO NOT SPEAK ENGLISH, PLEASE HAVE A TRANSLATOR ACCOMPANY YOU TO THE VISIT

CANCELLATION POLICY:

**YOU WILL BE CHARGED A \$200.00 FEE IF YOU DO NOT
CANCEL AT LEAST FIVE (5) BUSINESS DAYS PRIOR TO YOUR PROCEDURE.**

BILLING/INSURANCE

*All referrals (if needed) should be provided at least one week before your scheduled procedure.

*Please notify us at least one week in advance of any insurance changes.

*Please note that you may receive separate bills from pathology, anesthesiology, hospital facility, in addition to physician professional fees.

**ANESTHESIA IS BILLED BY A THIRD PARTY – GREATER WASHINGTON ANESTHESIA ASSOCIATES
Insurance may be out of network with anesthesia.**

If you have any questions regarding your charges, please call 888-717-5383.

AT THE ENDOSCOPY UNIT

You will be escorted to a pre-procedure bay where you will change into a procedure gown. An IV will be placed. Your accompanying person/driver may wait with you until the procedure starts. During the procedure, they may wait in the waiting area or in the parking lot until the procedure is completed. After your procedure when you are awake and alert, your physician will review the findings with you. When you are ready to depart, you will be escorted out in a wheelchair.

Unexpected delays may occur during the procedure day due to medical needs of other patients. We will do our best to maintain scheduled times, but please be prepared for delays.

GASTROENTEROLOGY ASSOCIATES, PC www.doctorgi.com

Manassas 703-368-6819 ** Gainesville 571-248-0653 ** Warrenton 540-347-2470